



**PRESENTED BY**



**INDIVIDUAL 3 DAY TOUR**

**The tour will be over 3 days as follows:**

Day 1	10th of September 2010	85 km
Day 2	11th of September 2010	71 km
Day 3	12th of September 2010	100 km

**JERSEYS**

Yellow	Overall leader of the tour
Red polka-dot	Overall leader of the king of the mountain
Blue rush	Points leader of the sprints along the route
Pink	Overall leader of women

**AGE CATEGORIES**

<u>Men</u>		<u>Women</u>
30 to 39	30 +	
40 to 49		
50 +		

You will change categories if your birthday falls during the course of 2010 i.e. If you are 49 and your birthday is on the 15th of November 2010 you will compete into the 50+ category. Riders to make sure that they compete in the correct age categories as once the race starts we will not be able to rectify the mistake.

**PRIZES**

The winners, second place and third place in each category will be given medals with the tour logo engraved on it. They will also receive prizes from our partner hotels, restaurants and sponsors.

## **THE ROUTE**

### **1st stage**

Kestrel Valley/ Beau Plan

85 km

This stage starts in beautiful Kestrel Valley which is 20km from the airport and is home to one of the most endangered bird species in the world the Kestrel. The route which is very flat takes the riders through all the villages along the east coast towards Beau Champ, then towards the village of Trou d'Eau Douce where you will be able to see on your right hand side the "Touessrok" Hotel where Princess Stephanie de Monaco often resides. Then the riders will go through the seaside resort of Roches Noires and make their way towards Poudre d'Or and where there is a small climb of about 1km. At the circle at Poudre d'Or Amlet, the cyclists will turn right towards Forbach then on the freeway to the beautiful L'aventure du Sucre at Beau Plan which is now a sugar museum.

### **Stage 2**

Beau Plan/ Roches Noires /Constance /Beau Plan

70km

This is a very flat stage which takes the riders on the freeway to Grand Baie then back towards Forbach, Poudre d'Or Hamlet, Poudre d'Or then to Roches Noires towards Bras d'Eau to Poste de Flaq where the riders will turn right towards Constance. There will be a right turn before the Constance sugar mill towards Pont Blanc, the riders will then turn right at Petite Retraite towards Belle Vue Maurel where they will turn left towards Barlow then straight to the Mount where there will be a right turn towards Piton. At Piton the riders will turn left towards Belle Vue before getting to Beau Plan on the freeway.

### **Stage 3**

Beau Plan/Nicoliere/ Beau Plan

100km

## **REGISTRATION**

Le Caudan Waterfront, Phase 2, in front of the HTT shop on Tuesday 7th and Wednesday 8th of September 10am to 4pm.

Late registration after the 8th	Rs 1500
	ZAR 800
	Euro 80

Please Note: Riders of Mauritian Nationality (please send copy of I.D cards): If you register online and pay before the 3rd of September you will be entitled to a 10% discount on the entry fee i.e Rs 900 per rider or come to pay at our offices in Belle Vue Maurel tel: 412 0476 or Email the deposit slip to [info@craevents.com](mailto:info@craevents.com) or fax to 412 0493

**For hotels and flight packages for the Tour go to [www.craevents.com](http://www.craevents.com)**