

INYATSI CONSTRUCTION'S

CITY-CITY EXTREME

65km Start - Adventure Sport Shop - Mbabane

26°19'44.17"S 31°08'45.78"E

6:30am sharp

Early Bird entries: R180

Late entries: R200

35km Start:

Lozintha Primary School - Mbabane/Manzini

Highway

26°28'20.82"S 31°15'34.83"E

8:30am sharp

Early Bird entries: R90

Late entries: R110

Children under 15 yrs of age to be accompanied by an adult.

10km Kidz Mtb Start:

Enjabulweni Private School - 9:30am: R40

Finish: Enjabulweni Private School.

26°29'09.11"S 31°24'40.13"E

Refreshments will be on sale.

Collection of goodie bags & no's from Adventure Sport Shop on Friday 1st October until 8:00pm

Limited to 500 entries

Tel: 00268 404-9609

Email: zoe@adventuresport.co.sz

All cyclists to please utilize park and ride system, vehicles to be parked at Enjabulweni Private School

Shuttle for 65km riders leaves at 5:00am

Shuttle for 35km riders leaves at 7:00am

Cycling shirts, t-shirts to entrants, medals for all finishers. Trophies for overall and category winners. Prize money & lucky draw.



MTB 2010

"the best single day
MTB event ever"

"very tough, not for the
faint hearted"

"extreme, proper
MTB riding"



Proceeds go to the Cancer Network of Swaziland

ACCOMODATION

Happy Valley Motel - 00268 416 1061

Mountain Inn - 00268 404 2773

Saturday 2nd October 2010

SWAZILAND

Valid Passport required

Net care Units on route.

Race timing done by Spectrum Sport.

Early bird entries close on Thurs 23rd Sept '10

NO HELMET - NO RIDE

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