



Ladies Mountain Bike and Pamper Weekend

Celebrate National Women's Days with your friends

5th – 7th August 2011

**Come Join us and Treat Yourself to a Fun and Indulging Ladies Weekend
And Let Your Husband Take Care of the Children!**

Price: From R 2 235,00 (per person 3 sharing) – R 2 695,00 (per person 2 sharing)

Package Includes:

- Accommodation at Montagu Springs (Plettenberg Chalets) – www.montagusprings.co.za
- All Meals: A welcoming Picnic Braai on Friday night, Breakfast Saturday morning, Saturday Lunch in Town, Saturday Dinner at the Mimosa Lodge and Sunday Brunch
- Tractor ride outing - Experience the pride of Montagu as you board the tractor and escape into the orchards of the famous MONTAGU DRIED FRUIT – You will enjoy a glass of Muscadel (guaranteed to chase the blues away) and taste the freshest dried fruit whilst gazing at spectacular views!
- One 45 minutes Pamper Session – Choose between a back and neck de-stress massage, a sports massage or an aromatherapy massage.
- Mountain Bike Outride in and around Montagu at your own leisure –maps will be provided (Saturday Morning and an optional ride on Sunday early morning)
- Gift pack

**Why Not Spoil Yourself Further and Upgrade Your Accommodation or
Include a Spa Session on Sunday?**

To avoid disappointment for this pampering weekend, BOOK NOW, space is limited!

For more information and bookings, please contact
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